



## **Comprehensive Health Research Center – CHRC**

### **Contest for Research Scholarship for Master**

**(1 position)**

**28th of March of 2022**

A call for tenders is open for one Scholarship for master within the scope of the project CHRC - Comprehensive Health Research Centre, with the reference UIDB/04923/2020, financed by national funds through FCT/MCTES - Financiamento Plurianual de Unidades de I&D 2020-2023, under the following conditions:

**Scientific area:** Exercise and Health, Physiotherapy or related field

#### **Admission requirements:**

Candidates holding the academic degree of Master in Exercise and Health, Physiotherapy or a similar area. Graduates in the areas of Sport Sciences, Health Sciences, Physiotherapy, Psychomotor Rehabilitation, Biomedicine or a similar area. Particular preference will be given to candidates with literacy in new technologies and experience in online communication/interaction. Likewise, preference will be given to candidates with fluency and proficiency in English, as well as experience in research projects. Preference will also be given to candidates with their own computer and availability to carry out research tasks on the premises of the University of Évora.

As set forth FCT Research Scholarship Regulation No. 950/2019 of December 16, 2019, article 3 and 6, candidates for “**BI**” (Research Grants) must comply as a rule condition for the award of the scholarship, the effective inclusion in study cycles leading to the attribution of academic degrees or in courses not leading to an academic degree. Courses that do not confer an academic degree correspond to the courses provided for in subparagraph e) of paragraph 3 of article 4 of Decree-Law No. 74/2006 of 24 March and must be developed in a higher education institution in association with at least one R&D unit, including a course plan in one or several research areas of the unit.

#### **Work plan:**

The fellow will develop work in line with the project “Knee Care @Home: Home exercise-based rehabilitation program following surgical reconstruction of the anterior cruciate ligament” (within the scope of the Research Grants of the Comprehensive Health Research Center – CHRC), namely to participate in the physical assessment of participants, in the implementation and monitoring of physical/therapeutic exercise sessions, in the analysis and interpretation of results

and in the preparation of specific documentation for the manual of procedures and scientific articles, as well as dissemination at scientific events.

**Applicable legislation and regulations:** The granting of the Research Scholarship will be carried out upon the signing of a contract between the University of Évora and the scholarship holder, as set in the template [https://www.fct.pt/apoios/Minuta\\_Contrato\\_Bolsa.docx](https://www.fct.pt/apoios/Minuta_Contrato_Bolsa.docx), pursuant to the Research Scholarship Statute (Law No. 40/2004 of August 18 and Decree-Law No. 123/2019 of August 28) and in accordance with the legislation and Regulation of Research Grants of the Foundation for Science and Technology, IP in force, regulation nº950/2019 of December 16, 2019: <https://www.fct.pt/apoios/bolsas/regulamento.phtml.pt> and other applicable rules.

**Place of work:** The work will be developed at Comprehensive Health Research Centre of the University of Évora, under the scientific guidance of the Professor João Paulo Brites de Sousa.

**Duration of the scholarship:** The scholarship will have a duration of 12 months, starting on May of 2022. The scholarship contract may be renewed up until the end of the funding internal project's budget allocation.

**Amount of monthly maintenance allowance:** The amount of the scholarship corresponds to € 1.144,64, according to the table of scholarships awarded directly by FCT, I.P. in Portugal (<http://fct.pt/apoios/bolsas/valores>), payments being made monthly, by check or bank transfer.

**Selection methods:** The selection methods to be used will be the following: curriculum evaluation and interview, with the respective valuation of 60% and 40%.

In the curricular evaluation will be taken into account the curriculum vitae, the experience in research on topics related to exercise and health, the experience in monitoring the progression of physical/therapeutic exercises, the experience in the assessment of physical/functional capacities and the mastery of digital communication platforms.

**Composition of the Selection Jury:**

Presidente: Prof. Doutor João Paulo Brites de Sousa

1º Vogal – Prof. Doutor Nuno Miguel Prazeres Batalha

2º Vogal – Prof. Doutor Orlando de Jesus Semedo Mendes Fernandes

1º Suplente – Prof. Doutor José Aberto Frade Martins Parraça

2º Suplente – Prof. Doutor Ana Maria Rodrigues

**Advertising/notification of results:** The final results of the evaluation will be publicized, through an ordered list by final grade obtained posted in a visible and public place Department of Sport and Health, School of Health and Human Development, University of Évora, being the candidate approved notified through email.

To ensure the right of prior hearing of interested parties, the Final Classification project will be announced by any written means to all interested parties.

After communicating the provisional list of the results of the evaluation, candidates have a period of 10 working days to express their opinion in a preliminary hearing of interested parties.

**Application deadline and submission of applications:** The tender is open from 29th of March to 12th of April of 2022 and the results of the selection will be published by 15th of March of 2022.

Applications must be formalized, obligatorily, by sending an application letter with the following documents: Curriculum Vitae, certificate of qualifications, cover and motivation letter, proof of enrollment in study cycles leading to the award of academic degrees or in courses not awarding an academic degree and other supporting documents considered relevant.

For the purposes of application, the evidence may be replaced by a declaration of honor signed by the candidate, but the failure to demonstrate that evidence, in the contracting phase, possession of the required degree on the deadline for application or the non-presentation of proof of enrollment in the study cycle or non-degree course, for scholarships with this component, imply the cancellation of the candidate's application.

Academic degrees obtained in foreign countries require registration by a Portuguese Institution in accordance with Decree-Law no. 66/2018, of August 16 and Ordinance No. 33/2019, of January 25th.

The presentation of the certificate is mandatory for the signing of the contract. More information can be obtained at: <https://www.dges.gov.pt/pt/pagina/recognition?plid=374>

Applications must be sent by email to:

Prof. Doutor João Paulo Brites de Sousa

Departamento de Desporto e Saúde

Escola de Saúde e Desenvolvimento Humano da Universidade de Évora

e-mail: [jsousa@uevora.pt](mailto:jsousa@uevora.pt)

