



1st International Congress on Saliva Science: Advancing Research, Education, and Innovation

and

2nd Annual meeting of the Project – Inclusive Digital Material on Saliva Science for the Curricula of European Higher Education Institutions (EdU_Saliva)

Programme

Evora, Portugal
12th September 2025

Local organisers:

Elsa Lamy
Fernando Capela e Silva
Maria Pérez Jiménez

Scientific Committee

Elsa Lamy, Universidade de Evora
Fernando Capela e Silva, University of Evora
Maria Pérez Jiménez, University of Evora
Mercedes Vazquez Cuervo, Dublin City University
Pia Lopez-Jornet, University of Murcia
Silvia Martínez-Subiela, University of Murcia
Alberto Muñoz-Prieto, University of Murcia
Asta Tvarijonaviciute, University of Murcia
Camila Peres Rubio, International Society of Education in Animal Sciences (ISEAS)
Maria Botía González, ISEAS
Lorena Franco-Martínez, ISEAS
Jose Angel Pina Albuquerque, Integrated Vocational Training Polytechnic Center of Murcia (CIFP)
Valentin Tenza Pignatelli, CIPF
Ingrida Monkevičienė, Lithuanian University of Health Sciences
Rasa Želvytė, Lithuanian University of Health Sciences

Congress Avenue

Sala de Docentes – Colégio do Espírito Santo
Universidade de Évora
R. do Cardeal Rei nº6, 7000-645 Évora
<https://maps.app.goo.gl/fjV899WBUdTSEB136>

Programme

9:15 – 9:45	Welcome
9:45 – 10:15	Invited Presentation <i>Psychophysiology of stress: cortisol and behavior</i> By Anabela Pereira – University of Evora.
10:15 – 10:45	Oral Presentations <ul style="list-style-type: none"> • “Introducing High School Students to Biomedical Research through Salivary Biomarkers: Experience from the IDIES Educational Program”. Franco Martinez et al. • “Saliva as a non-invasive matrix to monitor the immune status of newborn calves”. Gomes da Silva et al.
10:45 – 11:00	Coffee Break
11:00 – 11:30	Invited Presentation <i>Placing sensory science in scientific health research - and how saliva can help to do so</i> By Hannah Jilani – University of Bremen.
11:30 – 12:00	Oral Presentations <ul style="list-style-type: none"> • “Beyond Xerostomia: Salivary Omics Connecting Treatment and Oral Perception”. Carreira et al. • “Feasibility study to assess the relation between salivary α-amylase and glycemic responses after consumption of gelatinized starch ingested at different eating rates”. Santos et al.
12:00 - 13:00	Lunch and poster session
13:00 – 14:00	Oral Presentations <ul style="list-style-type: none"> • Saliva in Veterinary Education: Transforming Perceptions through Active Teaching. Perez-Rubio et al. • “The Role of Salivary Microbiology in the Bioaccessibility of Glucosinolates and Isothiocyanates During Oral Processing of Broccoli”. Iris Gudiño Rubio et al. • “Triggered by food: what can our saliva tell us?”. Simões et al. • “ALTFoodSense Project – Artificial Saliva-Based Technologies to Enhance Sensory and Nutritional Properties of Food”. Consortium ALTFoodSense.
14:00 - 14:15	Congress closure
14:15 – 14:30	Coffee Break
14:30 – 16:30	Edu_Saliva Project meeting (<i>only for Edu_Saliva Consortium members</i>)

Poster Presentations

- *Can Music Make You Salivate? Exploring the Effects of "Sweet" Music on Salivary Flow and Composition*
Guedes et al. - Iscte – University Institute of Lisbon
- *Studying stress in students and animals in an animal-based practical session through saliva: a One-Health approach*
Muñoz-Prieto et al., University of Murcia
- *What Does Saliva Say About Pain? Immunological Response to the Treatment of Burning Mouth Syndrome*
Lopez-Jornet et al., University of Murcia
- *Inter-Individual Variability in Salivary Proteome Modulates Aroma Release from Orange Flavour*
Pérez Jiménez et al., University of Évora
- *Relationship between salivary protein profile and perception of tannin-Induced astringency*
Ramos et al., University of Evora
- *Saliva as an indicator of well-being or stress in children during play activities (RightPlay Project)*
Roque et al., University of Evora
- *Evaluation of inflammatory biomarkers in saliva from patients with chronic respiratory diseases and controls*
Hundt et al., University of Evora
- *Salivary stress biomarkers in mother-child pairs – preliminary results from the ARTEMIS project*
Meira et al., University of Evora
- *HealthyW8: Evaluation of health parameters related to obesity prevention through saliva*
Mendes et al., University of Evora

Practical information

Transport Guide: Lisbon Airport → University of Évora

FLIXBUS

Starting Point: 🚗 Lisbon Airport
Bus Parking Lot (last parking spot)
Destination: 📍 Évora Bus Terminal
Price: 💰 Starting at €3.49 (+ €0.99 service fee per reservation)
Tickets: Available at <https://www.flixbus.pt>
From Évora Bus Terminal to the University of Évora (CES): 🚶 15-minute walk or 🚖 5-minute taxi/Uber ride.

Available schedules:

Lisbon (Airport) - 12:45 PM -- 2:45 PM - Évora
Lisbon (Airport) - 3:25 PM -- 5:25 PM - Évora

CP
COMBOIOS DE PORTUGAL

Step 1: 🚇 Take the subway (Red Line) from the airport to Oriente Station (10 min).
Step 2: 🚆 Take the Intercity train (Intercity) from Lisbon-Oriente to Évora.
Price: 💰 Starting at €7.50 (Intercity).
Tickets: Available at <https://www.cp.pt/passageiros/pt> or at the ticket counter.
From Évora Train Station to the University of Évora (CES): 🚶 15-minute walk or 🚖 5-minute taxi/Uber ride.

Available schedules (Subway):

Red Line - Every 5 minutes



Available schedules (Train):

Lisbon (Oriente) - 7:02 AM -- 8:42 AM - Évora
Lisbon (Oriente) - 9:02 AM -- 10:35 AM - Évora
Lisbon (Oriente) - 1:35 PM -- 3:08 PM - Évora
Lisbon (Oriente) - 2:45 PM -- 4:35 PM - Évora
Lisbon (Oriente) - 5:02 PM -- 6:35 PM - Évora
Lisbon (Oriente) - 7:02 PM -- 8:35 PM - Évora

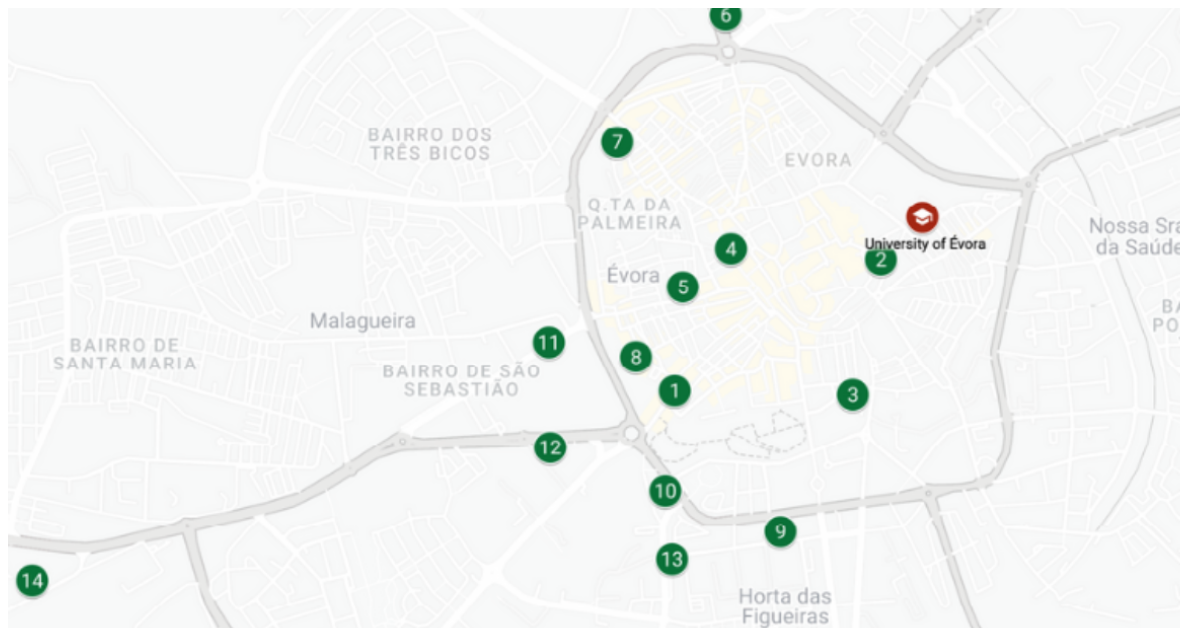
rede expressos

Starting Point: 🚗 Lisbon Airport
Bus Parking Lot (next to the subway station)
Destination: 📍 Évora Bus Terminal
Price: 💰 Starting at €2.95
Tickets: Available at <https://rede-expressos.pt/pt>
From Évora Bus Terminal to the University of Évora (CES): 🚶 15-minute walk or 🚖 5-minute taxi/Uber ride.

Available schedules:

Lisbon (Airport) - 4:20 AM -- 8:45 AM - Évora
Lisbon (Airport) - 8:45 AM -- 11:00 AM - Évora
Lisbon (Airport) - 2:15 PM -- 3:50 PM - Évora
Lisbon (Airport) - 2:45 PM -- 4:35 PM - Évora
Lisbon (Airport) - 3:15 PM -- 5:30 PM - Évora
Lisbon (Airport) - 3:45 PM -- 5:20 PM - Évora
Lisbon (Airport) - 5:15 PM -- 7:30 PM - Évora
Lisbon (Airport) - 8:15 PM -- 9:50 PM - Évora

Hotel Guide



- 📍 1 - Moov Hotel Évora - **1,000m** from the University of Évora - 🚶 15 min or 🚗 5 min
- 📍 2 - The Noble House - **200m** from the University of Évora - 🚶 4 min or 🚗 5 min
- 📍 3 - Évora Olive Hotel - **600m** from the University of Évora - 🚶 10 min or 🚗 8 min
- 📍 4 - Stayinn City - **700m** from the University of Évora - 🚶 10 min or 🚗 5 min
- 📍 5 - Stay Hotel Évora - **900m** from the University of Évora - 🚶 13 min or 🚗 5 min
- 📍 6 - Holiday Inn Express Evora - **1,100m** from the University of Évora - 🚶 15 min or 🚗 4 min
- 📍 7 - Albergaria do Calvário - **1,100m** from the University of Évora - 🚶 16 min or 🚗 6 min
- 📍 8 - Hotel M'AR De AR Muralhas - **1,200m** from the University of Évora - 🚶 17 min or 🚗 8 min
- 📍 9 - Hilton Garden Inn Évora - **1,200m** from the University of Évora - 🚶 17 min or 🚗 7 min
- 📍 10 - ibis Évora - **1,400m** from the University of Évora - 🚶 19 min or 🚗 7 min
- 📍 11 - Évora O Cante Hotel - **1,400m** from the University of Évora - 🚶 19 min or 🚗 7 min
- 📍 12 - Hotel Vila Galé Évora - **1,400m** from the University of Évora - 🚶 21 min or 🚗 6 min
- 📍 13 - Vitória Stone Hotel - **1,600m** from the University of Évora - 🚶 22 min or 🚗 7 min
- 📍 14 - Évora Hotel - **3,000m** from the University of Évora - 🚶 43 min or 🚗 9 min